

# **BREAKDOWN: THE FACTS ABOUT TEACHER STRESS**

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### **'Epidemic of stress' blamed for 3, teachers on long-term sick leave | Education | The Guardian**

Editorial Reviews. Review. 'A thorough and believable look into what is going on in schools and why teachers are more stressed than other working adults.

### **61% of Teachers Stressed Out, 58% Say Mental Health Is Not Good in New National Survey | The 74**

Breakdown is an insider's view of teacher stress in England and Wales. John Cosgrove is a deputy head who has worked in both primary and secondary.

Nearly half of all teachers report having high levels of daily stress. Research shows that when teachers are stressed out, it can negatively affect.

Policy changes, budget cuts, fewer staff and bigger classes blamed for toll on teachers' mental health revealed by figures compiled by Lib.

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[Womens Wit 2014 Day-to-Day Calendar](#), [Ist Mancur Olsons „Logik des kollektiven Handelns“ hinreichend zur Erklärung des individuellen Engagements für den Umweltschutz? \(German Edition\)](#).

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Your recently viewed items and featured recommendations. In recent years, the charity Mind has a workplace wellbeing index that has shown public sector workers are more likely to say their mental health is poor than their private sector counterparts, with over half reporting that they felt anxious at work on several occasions over the past month. Follow us on social media. Research shows that carrying a gun for self-defense comes with a host of risks.  
KindleCloudReaderRead instantly in your browser. Emma Mamo, head of workplace wellbeing at Mind, said the onus was on employers to support staff.