

**HEALING ANGER: THE POWER OF PATIENCE FROM A
BUDDHIST PERSPECTIVE**

Rebekah Lagesse

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A Healing Anger - The Power of Patience from a Buddhist Perspective (magyarul: A harag gyógyítása - a türelem hatalma buddhista szemszögből) című könyv a.

Related books: [Surviving Unemployment Devotions to Go](#), [????????? ? 4-? ?????? \(Russian Edition\)](#), [The Wayward Zephyr: A Cape Cod Romance](#), [Washington and His Generals \(Vol. 2\) \[1847\]](#),

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The flow is carefully designed and should not bore anyone without any prior knowledge. Everything okay in there? May 26, Petter Nordal rated it really liked it.

Oct02, Jessicamarked it as to-read Recommended to Jessica by: If you're really struggling with anger, the Thurman book might be more useful. Tenzin Gyatso was the fifth of sixteen children born to a farming family. I definitely need to read this book if I'm going anywhere near that Red Hook Ikea to replace the thing.

Thanks for telling us about the problem. Open Preview See a Problem? Dalai Lama consistently shares great wisdom on dealing with difficult emotions. Based on that recognition of this fundamental equality and commonality, one develops a sense of affinity and closeness, and based on that, one will generate love and compassion.